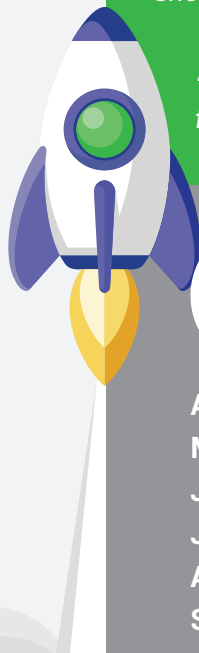


IMPACT REPORT. 2023/24

APR 2023 . . .	23	OCT 2023 . . .	40
MAY 2023 . . .	28	NOV 2023 . . .	23
JUN 2023 . . .	33	DEC 2023 . . .	16
JUL 2023 . . .	20	JAN 2024 . . .	33
AUG 2023 . . .	19	FEB 2024 . . .	27
SEPT 2023 . . .	33	MAR 2024 . . .	26

PROJECTS FUNDED BY ACTIVE BRAINTREE FOUNDATION:

- Fern House Garden Project **£109**
 - Fusion Walking Cricket (Essex CCC) **£100**
 - Community360 Big Walk **£300**
 - Fusion Active Rewards **£4,002**
 - Fusion Active Health Club **£485**
 - Halstead ParkPlay **£4,000**
 - Hatfield Peverel Outdoor Gym **£720**
 - Kinetix Academy **£1,000**
 - Gosfield Pickleball **£380**
- TOTAL:
£11,096**



'This has been especially beneficial to my wife who last year was diagnosed as being pre-diabetic, with the help of our local GP was able to come off anti-depressants and make a lifestyle change. She has achieved remarkable weight loss and reversed the diagnosis.'

'The social aspect of the leisure centre facilities and staff has made a positive outcome to our mental health.'



FINDING YOUR FEET WALK ATTENDEES

APR 2023 . .	126	OCT 2023 . .	318
MAY 2023 . .	134	NOV 2023 . .	185
JUN 2023 . .	138	DEC 2023 . .	128
JUL 2023 . .	158	JAN 2024 . .	154
AUG 2023 . .	182	FEB 2024 . .	142
SEP 2023 . .	185	MAR 2024 . .	163

'Customers have also regularly joined the online keeping active session which is great fun and is better for those who can't walk very far.'

'Many adults with Learning Disability joined the Big Walk at Marks Hall who would not otherwise have had the opportunity to make a visit to this lovely setting.'

“ FEEDBACK FROM PICKLEBALL. DARREN

Another great evening of Pickleball and the new nets are fabulous!

CATHY

The nets are brilliant. Another fab evening with some really competitive games. Such a great sport.

THE BIG WALK 2023.

took place at Markshall Estate on 6th October with **129** people attending.

'It was lovely to walk in beautiful surroundings on such a bright sunny day. I've spoken to people I've never met before which goes to show how walking with a group stops you feeling anxious about talking to someone new'

'Whilst waiting for the mini bus to take us home I spoke to a man who had used the buggy to take him around, he was over the moon to be part of a group and take in the scenery something he's not usually able to do. To me that's priceless!'



HALSTEAD PARKPLAY
started in March 2024 at Kings George Playing Fields